Coleman School PTO Meeting Monday, April 14, 2025 6:00–7:00 p.m. via Zoom

MINUTES

1. Welcome and Introductions - Anne (5 min)

2. Approve March PTO Meeting Minutes - Anne (3 min)

Motion to approve: Karina Second motion: Alex

Approved with 18 people on zoom

3. Introduction to ScreenSense and Kids IRL - Anne, Caroline (15 min)

Caroline, with Kids IRL, is a mother of 2 students (kindergartener and first grader) at Park school in Mill Valley.

Kids IRL (in real life) is a Marin County-wide coordinated effort to keep digital tech in check and roll it out more slowly to our children - so screens don't crowd out essential childhood activities. By changing local norms together, we reduce pressure on parents and kids, protect our children's mental health, and improve family life. <u>Link</u> to Kids IRL Website (available in English and Spanish).

<u>Link</u> to a 2 page summary of the data driving force for Kids IRL. Today's kids are spending too little time interacting "IRL" (in nature, playing, sports, and with friends) and too much time online (screens, apps, social media that are designed to attract and keep their attention).

The problem: There is intense social pressure (on kids and parents) for kids to have their own smartphone and social media accounts. But the research is showing it is so dangerous and detrimental for youth to have access to social media, apps, and video games. So, what should parents do? If they don't give their child a smartphone, they're depriving their child of experiences their peers are having. But, if they do give their child a smartphone, they're exposing them to technology that is potentially dangerous to their emotional and physical development and well being.

A Solution: Let's make this decision as a community, we can all be in this together so individual parents aren't pitted as the only "bad" parent who is depriving their child. Together, let's say no Smartphones before High School and no Social Media before age 16. This doesn't mean no tech, this is a slow tech movement. Elementary and Middle School students can have "dumb phones" or a watch that text and call (and location services) but don't have access to social media, internet, games and other apps. And, let's continue to advocate for Phone-Screen Schools (phones can go to school but not be used during school hours).

Why it matters now: we need to make this decision as a community in Elementary School before the child gets their own smartphone because it's much easier to delay giving a child a smartphone than it is to take away a smartphone they already have and they've already become addicted to and negatively impacted by.

Link to Join the Kids IRL Phone Pact

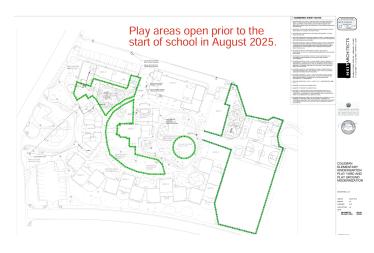
<u>Link</u> to Kids IRL suggested Family Guidelines (English)

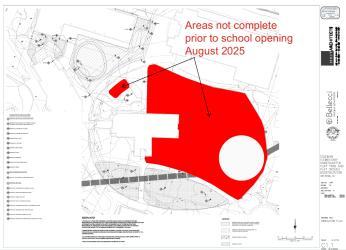
Link to Kids IRL suggested Family Guidelines (Spanish)

4. Construction Update and Questions - Tim Ryan (15 min)

Phase 2 Construction at Coleman (starting in June after the last day of school):

- New and expanded Kinder playground and play yard estimated to be completed before August 2025 to be ready for first day of school
- New shade structure near MPR will still be under construction when school starts in August, estimated completion date is October 2025
- New shade structure where Tiger Terrace used to be will still be under construction when school starts in August, estimated completion date is October 2025
- New blacktop striping with games and basketball courts the back blacktop near the field with the basketball courts will be open before August 2025 to be ready for the first day of school
- Upper grade play yard (not new play structure) will still be under construction when school starts in August, estimated completion date is October 2025
- Marquee sign at front of school estimated to be completed by August for the start of school





Link to presentation slides.

5. Principal's Update - Alex Peck (15 min)

Welcome back from Spring Break!

We have a new partnership with San Rafael High School, SRHS students will be coming to Coleman to give an anti-tobacco presentation to 5th Grade Classes. Coleman is the first elementary school to kickoff this partnership with SRHS. Tobacco use and exposure/marketing to youth has been a topic parents have been expressing concerns over so this is a great start in providing engaging education for students.

5th Grade will be away at Walker Creek April 22-25

HeadsUp Carnival happening on Saturday, April 26th at San Rafael High School from 11am-3pm, please come support HeadsUp.

Positive School Teams Asian American Native Hawaiian Pacific Islander Celebration Month. Students will participate in a celebration event every Thursday in May during school hours. We will look to host an evening family celebration event next year.

Open House on April 30th 5:30-7:00pm at school (students + parents)

Positive School Teams Pride celebrations: June 2-6th. SRHS students will help with classroom readings and celebrations the last week of May (they're not available the first week of June this year).

6. Open Forum/Questions (7 min)

Reminders:

Upcoming Events:



